

Informed Consent for School Counseling

I would like my child to participate in individual counseling at Hawthorne Valley School with Elizabeth Young LMHC, the School Therapist. Individual counseling provides students with the opportunity to explore feelings, thoughts, and behaviors in a private, one-on-one setting with a trusted adult (therapist). The purpose of individual counseling is to work on academic, personal, social, and emotional issues so students will be prepared to focus on school achievement.

Counseling is voluntary and without a guarantee. You or your child may stop counseling at any time without any negative consequences. At times, sensitive or difficult topics are addressed which may bring about emotional discomfort. However, dealing with these issues can lead to better understanding and acceptance of self and others.

Confidentiality will be guarded within legal and ethical limits of the counseling profession. Sometimes other counseling professionals may need to be consulted but the student's identity will be protected. If your child shares that he or she is being harmed, may be harmed, plans harm to himself/herself, another person or property, the counselor will share the information with parents or other appropriate persons.

I have read and discussed the above statements with my child. We both understand the conditions in which my child will be participating in counseling with Elizabeth Young LMHC at Hawthorne Valley School.

Parent Signature

Today's Date

E-mail Address

Phone #

Student's Name

Teacher/Grade